

SkyAngelSPORT

by: AtsCares.com

FRIENDS User Guide



Charging:

Use the **Magnetic Charging Cable** to charge the watch for **3 hours** initially to allow the watch battery to reach 100%.

If the watch is on and you attach the **Magnetic Charging Cable** the watch will display **“Screen Locked”** and you will see a battery indicator at the top right of the screen.

If the watch is off and you attach the **Magnetic Charging Cable** the SkyAngelSPORT screen will display briefly and you will see a battery indicator in the middle of the screen. This does not turn the watch on.

The **battery** can last up to **4 days** at full charge.

For **the best results**, charge about **30 minutes every day** to ensure the watch is always ready to use. There is no danger in leaving the watch charged for long periods of time.

Power ON – Power OFF:

To turn the watch ON.

If watch is off, **press and hold** the **Flat Side Button** for about **5 seconds** to power the watch on. You will hear the watch play a chime sound and the SkyAngelSPORT screen will display.

When the watch has completely turned on you will see the clock display that you have selected for a few seconds and then the screen will go blank based on the ‘sleep’ setting you have selected (15 seconds is the default sleep setting).

To turn the watch OFF.

If the watch is on,

1. **press the Flat Side Button** for 1 second to wake the screen from sleeping,
2. then **press and hold** the **Flat Side Button** for about 5 seconds or until you see the screen that says **“Turn Off Are you sure to switch off?”**
3. Click the Green Check to turn the watch off.
4. You will see the SkyAngelSPORT screen again and then the screen will go blank.

SOS Alert Functions:

This watch has two ways to activate the SOS function and call 911:

Round SOS Button:

When the watch is powered on, press and hold the **Round SOS Button** for 1 second. The watch will

1. send an app notification to the app
2. call your 3 emergency contacts in the order they are stored in the APP.

Once your contact answers you can speak to them through your watch. If the first contact does not answer within 15 seconds it will then call the second contact, and so on to the third contact. This cycle will repeat twice.

Cancel a Sos Call:

Press the **SOS button** to hang-up and cancel a call.

Automatic Fall Detection:

If the watch **detects an injury causing fall,**

1. you will hear the **watch Chime** and display a box that say **“A fall is detected if no fall, please cancel”**
2. then the watch will automatically begin the call sequence to your three emergency contacts.

You do not need to press any buttons. The call will be placed automatically when a fall is detected. The watch will also automatically go into two-way speakerphone mode so you can speak and hear without pressing any buttons.

Cancel a Fall Detection Call:

Press the **Red Cancel button** to hang-up and cancel a call.

****Please allow up to 2 minutes to connect a call if the cellular network is busy****

Swipe to the left Health Features:

Phone:

On this screen you can click the Phone icon and a keypad will appear. You will be able to manually enter any telephone number and call that number. It works similar to calling a number on a cell phone.

Contacts:

If you have saved contacts stored in the phone you will see their name and number and you will be able to press the screen and call their number.

Pulse and Blood Pressure:

Press the **Red Heart** and then press **Start**:

You will see the **heart pulse** and within about 30 seconds you will see **Heart Rate** and **Blood Pressure** results.

Keep in mind to achieve more accurate results the American Medical Association recommends:

Sit in a supported chair with back straight, feet flat on the floor, and legs uncrossed for at least 5 minutes before the measurement. Your arm should be supported on a flat surface at heart level. You may hold your watch hand over your chest with your other hand.

Steps:

Press to see your steps today. Your steps are counted automatically and reset at midnight each day. You can review the daily history in the APP.

***To Cancel a Health Measurement** during the testing:
Press the **Flat Side Button**

Settings:

Dial gallery – Scroll to view, then Click to select different clock faces

Volume – click + to increase volume and – to decrease volume

Brightness – click + to increase brightness and – to decrease brightness

Date and time – click to adjust date and time

Sleep – click to select 15 seconds, 30 seconds or 1 minute sleep timer for the display

VoLTE – this should always be **Enabled**

Language – click to change the language

Turn off – click to **select** then click the **Green check** to turn off the watch

Information – click to see the system software version and IMEI number of the watch

Temperature: - click to see your body **temperature**. History is available in the APP

QR Code: - click to see the **Registration code** and **APP code** for the subscription

Swipe Up - to see the Step counter for the day:



Swipe Down - Battery Level, Signal Level, Date and Time:

If screen is Off (press **Flat Side Button** to wake up screen)

From any screen **Swipe Down**



You will see Grey **Cellular Signal Bars**, **Pin**, **No Sim Indicator**, **Battery Power Indicator**, **Date and Time** at top and **Brightness**, **Sound** and **Settings** button at the bottom

Waterproof:

You can shower or take a bath with this watch for up to 30 minutes. After 30 minutes of submersion please wait 24 hours before re-submersing. It is IP67 certified waterproof.

Wrist Band is replaceable:

The wrist band size is 20 millimeters or .78 inch. You can easily replace the band with another strap design by removing the pins and replacing the band.

SkyAngelSPORT Friends Subscription Features:

These extra features are available with your subscription by using a smartphone APP.

1. **Calls up to 3 phone numbers** when SOS is activated
2. Send **unlimited APP notifications** when the SOS is activated
3. Send **Text messages** to emergency contacts when SOS activated
4. **Manually Call numbers** from watch keypad
5. One button Calling to stored **Contacts**
6. **Receive unlimited incoming phone calls to the watch**
7. **Unlimited outgoing calls from the watch**
8. **History of health results** viewable and automatic measurements
9. Ability to **turn on and off functions**
10. **Adjustable fall detection** sensitivity
11. **Review history** of Fall Detections and SOS activity
12. **Review history** of call log
13. Set 3 **Daily Alarms**
14. **“Find my watch”** function
15. Ability to receive **‘Low Battery’** alerts
16. **Block Unknown calls** to the watch
17. Ability to **track the current location of the watch** on a map
18. Ability to **track ‘History’ of the watch movement**
19. Ability to set **‘Safe Zones’** on a map and receive **notifications** when the watch **arrives** or **leaves** the area.

Cellular:

This watch uses all available **3G** and **4G** cellular towers and carriers. If there is no cellular coverage from any carrier in your area this watch will not call. Wi-Fi connectivity is not available.

Size and Weight:

Length of watch from top to bottom: (Including band) **10.4** inches

Width watch face: **1.5** inches

Top to bottom of face: **1.8** inches

Thickness of watch: **1/2** inch

Weight: **1.6** ounces

Battery replacement:

The battery is 600mah. The battery has a 1-year warranty from the factory. If the battery needs replacing outside the warranty, contact a certified battery replacement specialist or contact ATSCares.com.

Warranty:

This product is protected by a one-year manufacturer defect warranty. Please contact AtsCares.com to activate warranty coverage. Items covered under warranty are to be shipped to the warranty center paid by customer. The items will be repaired or replaced under warranty. Warranty center will pay for return shipping in the U.S. Coverage outside the U.S., all shipping costs will be paid by customer.



SkyAngelSPORT.com

Scan this QR code with your camera for information